

News Briefs

Cell phone usage

Vehicle operators on a Department of Defense installation and operators of government owned vehicles will not use cell phones unless the vehicle is safely parked or unless they are using a hands-free device. The wearing of portable headphones, earphones or other listening devices (except for hands-free cellular phones) while operating a motor vehicle is prohibited.

UCMJ files

An Airman assigned to the 50th Flying Training Squadron was convicted for possessing and using marijuana and for making a false official statement. A military judge sentenced the Airman to three months confinement, reduction in grade to E-1 and a bad conduct discharge.

Flightline driving

Anyone wishing to operate a vehicle on the aerodrome must have a flightline driver's license and have clear communications with the base Air Traffic Control Tower to operate on the runways. For more information, contact the airfield manager at Ext. 2996.

Inside



News3

Airmen learn desert survival from SERE.

“Don’t Drink and Drive”

Last DUI: Sunday

Days since last DUI: 5

Unit: 14th Civil Engineer Squadron



AF releases 2006 posture statement

Senior Airman J.G. Buzanowski

Air Force Print News



U.S. Air Force graphic

WASHINGTON — The Air Force released its “posture statement” detailing the service’s missions and priorities over the next year.

The 52-page document’s introduction asks Airmen to look from their heritage to the horizon, taking lessons from the past and adapting them for the future.

It also opens with a letter from Michael W. Wynne, secretary of the Air Force, and Gen. T. Michael Moseley, Air Force chief of staff.

“Our 2006 posture statement outlines our plan to accomplish ... goals regarding (the global war on terror), our Airmen, and our aircraft and equipment,” they said.

The posture statement expands those three main Air Force objectives and why they’re important to today’s Airmen.

The posture statement also “reflects our commitment to good stewardship of the resources entrusted to us, and our dedication to protecting our nation in air, space and cyberspace,” General Moseley and Secretary Wynne wrote.

Winning the global war on terror

“Our first priority is winning the global war on terror,” according to the statement. It goes on to outline the importance of air, space and cyberspace operations and their importance in both homeland defense and fighting the nation’s enemies. The statement also cites emerging threats and the risk of weapons of mass destruction.

“The Air Force has been at war continually for 15 years,” General Moseley said recently in testimony before the House Armed Services Committee. The posture statement further illustrates the Air Force contributions not only to missions past, but to operations Noble Eagle, Iraqi Freedom and Enduring Freedom.

Developing and caring for Airmen

The posture statement takes into consideration the total force. Considerations for active duty, Guard and Reserve Airmen are at the forefront of shaping and developing the Air Force.

“We must manage our force to

ensure the Air Force is properly sized, shaped and organized to meet the global challenges of today and tomorrow,” the posture statement reads.

It also details recruiting and retention efforts, updates on military housing, as well as new management systems for personnel actions and civilian employment.

Maintenance, modernization and recapitalization

The posture statement outlines that the Air Force is also looking to use its oldest aircraft for as long as it can while newer weapon systems are brought online. To extend the use of platforms such as the C-5

AF takes lead on tri-service installation

Master Sgt. Orville Desjarlais Jr.

Air Force Print News



U.S. Air Force Photo

MCGUIRE AFB, N.J. — The Air Force is taking the lead in the nation’s first tri-service installation in the continental U.S. — which includes McGuire, Fort Dix and Lakehurst Naval Air Engineering Station.

What some media are calling a “Super Base,” the merger is expected to reduce overall manpower and facilities, and generate savings by combining services such as grass cutting, road repairs, trash collection, custodial duties and snow removal.

“Since these installations share a common boundary with minimal distance (among) the major facilities, or are in close proximity, there is significant opportunity to reduce duplication of efforts,” said Col. Rick Martin, the 305th Air Mobility Wing commander. He is taking the lead on the joint-basing initiative since McGuire is in charge of all the installation management functions.

Although the management functions will consolidate, the three services’ missions will not. The Air Force will continue to provide global mobility readiness and expeditionary combat support; the Army will continue to mobilize and train Soldiers; and the Navy will continue to assure fixed and vertical wing aircraft operate safely from aircraft carriers, ships and expeditionary airfields worldwide.

“Airmen involved in their day-to-day mission won’t see a change,” the colonel said. “However, those involved with base security or waste management will be affected simply because those functions will be joint.”

More than 20,000 people work and live on this 60-square-mile installation, which has yet to be named. Some are calling it Joint Base New Jersey, while others have temporarily dubbed it Joint Base

And, he said, the interaction among the services is a definite bonus.

“We’re going to be able to do more things with the Air Force and Navy by breaking down some barriers, which will enhance our teamwork, and we’ll be able to share more resources,” he said. “Our Soldiers will have more everyday interactions with their brothers and sisters in other services that they don’t have now.”


After the merger, the U.S. House of Representatives and the U.S. Senate funded \$52.5 million in new construction projects for the combined base that includes a blend of active duty, Guard and Reserve servicemembers, civil servants and family members. The installation expects to receive nearly 800 more jobs generated by other bed-down moves identified in base realignment and closure recommendations. Other combined services include libraries, fitness facilities, base newspapers and installation maintenance.

Colonel Martin just calls it a good idea.

“None of us can accomplish our missions alone — we need the support of the other armed services,” Colonel Martin said. “My greatest expectation is for us to build a culture where working jointly is the norm. We will live together, work together, train together, and when the need arises — we will defend our country together.”

Army Col. David McNeil, the commander of Fort Dix, also sees the sunny side of the merger.

“We all fight together, so if we’re going to fight together we need to work together to know each other and get to understand each others’ cultures, and our systems, and our complexities, and our nuances about how we work together during peacetime so that we can better accomplish our mission during wartime,” Colonel McNeil said.



The 14th Flying Training Wing congratulates Columbus AFB’s **Senior Master Sergeant** selects:

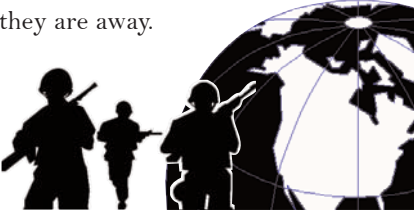
Emmette Bush, 14th Operations Group;

Joseph Phaneuf, 14th Communications Squadron;

Thomas Smith, 322nd Recruiting Squadron.

14TH FLYING TRAINING WING DEPLOYED

As of press time, **38 BLAZE TEAM** members are deployed worldwide. Remember to support the troops and their families while they are away.



SILVER WINGS

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Submission Deadline

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STATEMENT

(Continued from Page 1)

as the F-22A Raptor, unmanned aerial vehicles and intelligence, surveillance and reconnaissance aircraft. The posture statement also illustrates the importance of space as part of the Air Force mission.

Heritage to horizon

To successfully reach the three goals, the posture statement describes how the service will establish Air Force Smart Operations 21 practices. Essentially, AFSO21, as it's known, is the application of business plans meant to streamline everyday processes across the Air Force to be more effective and more efficient.

Air Force leaders believe AFSO21 practices, as well as energy conservation, total force integration and exploring new technologies are what will bring the Air Force forward into the future.

"We have received a proud heritage forged through the ingenuity, courage and strength of the Airmen who preceded us," the statement reads. "Our duty today is to deliver their Air Force to the limitless horizon ahead of us."

Congrats
reenlistees

The 14th Flying Training Wing congratulates the most recent Air Force reenlistees:

Tech Sgt. Jonathan Eha, 14th Security Forces Squadron;
Master Sgt. Kevin Alexander, 14th Mission Support Squadron;
Master Sgt. Jerry Price, 14th Operations Support Squadron.

Airmen learn desert survival from SERE



Capt. Karalyne Lowery

Tech. Sgt. Joshua Anderson, Survival, Evasion, Resistance and Escape team member, teaches Airmen how to build a solar still during a recent desert survival class at a deployed location.

However, Sergeant Anderson said in a solo survival situation, it's important to weigh the water expenditure against the outcome.

"Ration sweat not water," was his motto.

Solar stills are not the best use of energy unless you were forced to recapture water from a vehicle radiator or the sea.

"It's a method of last resort when it is a case of 'water, water, everywhere and not a drop to drink,'" Sergeant Anderson said.

In fact, from about a pound of plant life and three liters of water, one group recovered about three teaspoons of water from their still; while the other group did not get any water.

The class was also taught how to make a stove out of a soda can, sand and some webbing. The stoves burned for about 30 minutes with about one-half cup of diesel fuel.

While their stoves were burning, the class tested the knowledge they acquired

earlier in the day by trying to find edible plants in the desert scrub.

The class caught and ate ants to round out their edible practicum.

"I never thought I could eat a bug, but now I know that ants don't taste that bad. They don't taste like chicken, not at all like lemons (as advertised), a little on the crunchy side but not bad," said Capt. Jessica Wright, 386th Expeditionary Medical Group family practice provider.

A couple of the more adventurous students nibbled on beetles as well.

As a final exercise, students learned how to use signal mirrors and a CD to signal for rescue.

At the end of the day, the students agreed that they had a good time and actually learned some valuable survival skills.

"I feel much more confident now about my ability to survive in not only a desert climate, but in any adverse situation," Captain Wright said. *(Courtesy of Air Force Print News)*

CAFB leadership welcomes newest Air Force members

Sonic Johnson

14th Flying Training Wing

Columbus AFB leadership will witness first-hand the Air Force's newest enlisted troops during their graduation parade today at Lackland AFB, Texas.

Col. Stephen Wilson, 14th Flying Training Wing Commander will be the reviewing official for the Basic Military Graduation parade. Col. David Lewis, 14th Operations Group commander, and Chief Master Sgt. Jeffery Bowes, 14th Flying Training Wing command chief, will join Colonel Wilson.

Not only will Columbus AFB be represented at the

reviewing platform, but the base will also provide a composite formation flyover of three aircraft and six crewmembers for the event.

This full team support from Columbus AFB highlights a special event for the wing's command chief. Chief Bowes' son, Lance Bowes, will be one of the 731 graduates marching across the parade ground in front of his father.

"One of the proudest moments in my Air Force career will be to watch my son march down the 'bomb run' and graduate BMT," Chief Bowes said. "Additionally, I am truly honored that two officers that I have an incredible amount of respect for have taken

All servicemember have financial responsibilities

Maj. Floyd Gwartney

14th Flying Training Wing

Has your pay check ever run out before all the bills are paid? Are you living paycheck to paycheck more often? Many of us have faced these situations from time to time. Hopefully, it is temporary.

But, if it's continued beyond the temporary realm, you may be joining a growing number of Americans that are living beyond their means and spending more than they are making. This is a quorum that you don't want to be a part of.

A couple of weeks ago, news reports and papers focused on a very disturbing statistic. In 2005, Americans' saving rate was in the negative. In a nutshell, that means that more money was spent than the pay check was bringing in, and nothing was being saved for the future. This situation has not been seen since the great depression when Americans depleted savings to cope with business failures and "survive" while jobless rates escalated to record levels.

I'm not going to agree or disagree with the findings of the 2005 analysis, nor debate the accuracy or validity of the variables used in the equation. However, it does highlight something that I've seen throughout my

career, and as a military professional you will see first hand or through your troops.

Remember, the military is a cross section of society, granted the "cream of the crop" section, therefore we see the same kinds of issues. We, however, are held to a higher standard.

Credit cards, cell phones and pay day lenders top the charts at Columbus AFB as the biggest nemesis to finances if not kept in check. Credit cards carry hefty interest rates and with careless and unabated use, they can quickly spiral out of control. Cell phone bills have a tendency to sneak up on you at the end of the month and they are never less than you expect. Payday lenders offer a service, but the high interest rates they charge create a financial trap that can be economically devastating.

Like it or not, financial management is the responsibility of every Air Force member. It is not discriminatory of rank, age or gender. As a supervisor you will have to counsel your troops on their personal financial management, responsibilities and debts sooner or later.

In today's society, finance is very complex and difficult, even for experienced wage earners. If a person does not manage money wisely, the repercussions can be devastating and cause a bad credit rating that could last for years. In addition, failure to pay your debts is pros-

ecutable under the Uniform Code of Military Justice (UCMJ). Now I've got your attention!

You can help your troops gain financial knowledge that will help them balance and manage their income, savings and spending. The first step is to adopt a system of accounting to keep their finances straight. It can be a software program or a notebook with a stubby pencil - whatever works best for the individual. This lets them take charge and build that dreaded "B" thing. You know - a budget. Not to pick on our younger members, but many are inexperienced and don't effectively manage their money. Many are coming straight out of high school or college, and have not had to deal with earning and budgeting. That's not an excuse, and it does not release any responsibility. The Family Support Center is a great resource for any individual needing assistance with budgets. They have people that are trained and eager to help. They currently assist about 10 people a week on first-level financial matters.

After the budget is built and Airmen know where they are, they can take the next step, which is to start saving for a rainy day and retirement. Sooner or later - ready or not - we are all going to get there. The earlier you begin, the more time your money has to work for you.

Wingman's corner:
Spring brings safety issues

Dr. Mario Mercado

14th Flying Training Wing

Spring must be around the corner. The air smells like it's time to go running or walking, the grass is growing rapidly and motorcycles are becoming more prevalent on the highways. I have begun thinking of doing things I haven't done in a while, like walking and gardening with my wife. Gardening is only second to our joy of riding our motorcycle and enjoying the fragrances of the various parts of the country.

Regardless of what we are doing, we must think of the natural and logical consequences of our choices in life. We must think of what we are going to undertake and ensure we have the right equipment and know the hazards of our endeavors.

In that spring is almost here, many of you are thinking of running or walking Perimeter Road. It's a nice place to run or walk. It looks safe, but looks can be deceiving. Think about your safety. Carry a cell phone with you in case you twist your ankle in a pothole. Run or walk with a partner - you never know what type of predator is lurking in the wooded areas. It could be a snake, a coyote or even a sexual predator. Think before you venture out, especially during hours of darkness.

As the warmer weather approaches, it won't be long before we fire up the lawn equipment. A

comedian joked about changing the fan belt on a car, saying you'd better turn the engine off before you try to change the fan belt because it'll bite just like a wild animal.

When working with equipment, think of your safety. Wear eye protection. Wear the appropriate clothes and footwear. I grew up with a boy who couldn't join the military because he only had two toes on his right foot. He lost the other ones when he was mowing the lawn wearing sandals. Think of your safety and your future.

We're now at my favorite leisure time: riding motorcycles. I've been riding for over 25 years and unequivocally there are many things I'm doing wrong. That's why I'm going to attend Safety Instructor training. Believe it or not, we were all young once. The new bikes, like the Suzuki M109, not only look sweet, but they move out sweeter than any of the previous models. "Safety" is the watchword. You are somebody's son or daughter, someone's sister, brother, cousin, or perhaps a child's mother or father. Please ensure that you wear the correct equipment - a full face helmet, a long sleeve jacket (leather is better than nylon), full-fingered gloves, long pants (chaps will better protect you), over-the-ankle boots, and Department of Defense, Air Force or base approved retro-reflective vests.

Spring is rapidly approaching. Take time to smell the flowers. Think "safety" and please take care of your Wingman.

Here's A
Sobering Thought

Even a little alcohol can affect your judgment, balance and coordination. The fact is, almost half of the riders who die in solo crashes have been drinking. Play it safe. Don't start drinking until you've finished riding.

MSF
MOTORCYCLE
SAFETY FOUNDATION®

(800) 446-9227
www.msf-usa.org

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Maj. Floyd Gwartney
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Champagne Sunday brunch: The Columbus Club offers this breakfast and lunch entrees from 10:30 a.m. to 1:30 p.m. Sunday. Cost is \$9.95 for club members and \$12.95 for nonmembers. Ages ages 6 to 12, eat for \$5 for club members and \$7 for nonmembers. Ages 5 and younger eat free.

St. Patty's Day family fun night: Take the family for this fun night from 5:30 to 8 p.m. Thursday at the Columbus Club. Children wearing green will receive a door prize. There will be craft making, games and a bouncy castle. The adult buffet is \$6.95 for members and \$9.95 for nonmembers. The children's buffet is \$3.95 for members and \$5.95 for nonmembers for ages 6 to 12. Ages 5 and younger, eat free. The adult buffet includes salad, lemon baked chicken breast, slow roasted beef with gravy, roasted new potatoes, wild rice, vegetable medley, rolls and butter, coffee and tea. The children's buffet includes chicken nuggets, french fries, corn dogs, tater tots, macaroni and cheese, gelatin and chocolate and vanilla pudding swirl. Call Ext. 2490 for more information.

St. Patty's Day party: The Columbus Club invites the BLAZE TEAM to their St. Patty's day party from 7 to 11 p.m. March 17 featuring Irish music, green beverages, corned beef, cabbage and potatoes. Food is complimentary for club members. Beverage specials will be featured throughout the night. Call Ext. 2490 for more information.

Spring break trip to Orlando: Register at the information, ticket and travel office for this trip to Orlando, Fla., March 26 to March 30. Cost is \$415 for one person, \$265 each for two people in the same room, \$215 each for three people in one room and \$190 each for four people in one room. Cost includes transportation, four nights lodging and shuttle service while in Orlando. Discount Disney tickets are available at the ITT office. For more information, call Ext. 7861.

Lunch buffets: The Columbus Club offers an all-you-can-eat lunch buffet from 11 a.m. to 1 p.m. Tuesday through Friday. Tuesday's new menu includes meat loaf, Southern fried pork chops, vegetables and homemade apple pie. Wednesday's menu features a southern comfort buffet with fried chicken, smoked brisket and cobbler. Thursday is backyard barbecue and Friday's menu is a bonsai buffet with teriyaki chicken, beef vegetable stir fry, fried rice and egg rolls. Cost is \$5.50 per

person and includes iced tea or lemonade. Call Ext. 2490.

Crafts classes: The arts and crafts center's upcoming crafts classes for March feature seasonal projects. Adult classes are at 10:30 a.m., 2:30 p.m. and 6:30 p.m. Tuesdays. Upcoming classes include a mosaic patio stone, a picket fence Easter door hanging and a Easter bunny door hanging.

The youth classes are offered Wednesdays at 11:30 a.m., 2:30 p.m. and 4:30 p.m. Upcoming classes include a St. Patrick's door hanging, a personalized pillow case, a bunny bell necklace and a wooden bunny.

A display of all projects is available in the arts and crafts lobby.

Participants must register at least four days prior to the class date. Call Ext. 7836 for more information.

Free automobile maintenance classes: The auto hobby shop offers a free minor maintenance class for women Tuesdays at 5:30 p.m. Call Ext. 7842 for more information.

Memphis Grizzlies honor military families: Military families may enter a drawing for the opportunity to attend a 2005-2006 Memphis Grizzlies home game by picking up an application at the information, ticket and travel office. The winner will receive passes to a game for up to 10 family members, two parking passes and a \$10 concessions voucher per person.

The chosen servicemember must have been deployed to the Middle East during the last four years for a period of no less than six months as a member of the U.S. armed forces.

Eligible applications will remain in the drawing for every home game so families only need apply one time. The Grizzlies Foundation staff will give winning families at least one week's notice before the game to coordinate plans to attend. For more information, call Ext. 7861.

Home decor workshops: The arts and crafts center offers a class at 10:30 a.m. and 6:30 p.m. Thursday to make a message board. Cost is \$15 and includes all supplies. Make a boy's or girl's toy box in the class at 10:30 a.m. or 6:30 p.m. March 30. Cost is \$30 and includes all supplies. Register at least four days prior to the class start date. Call Ext. 7836 for more information.

Veterinary clinics: The base veterinarian will conduct a clinic Wednesday. Call Ext. 2281 Wednesdays from noon to 5 p.m. for an appointment. Clinics are usu-

And the winner is...



Pam Wickham

Chris Howell, 14th Flying Training Wing, is congratulated by Capt. Ray Madrid, 14th Mission Support Group, for winning a 3-day, 2-night stay at a casino resort for his puzzle entry from "The Buzz." There were 35 entries for this first-time drawing. BLAZE TEAM members may enter the March Drawing by completing the puzzle in "The Buzz" and turning it in to the Services Marketing office by March 30. A winner will be drawn March 31. For more information, call Ext. 2337.

ally held the first and third Wednesdays of each month.

Parents Day Out: The child development center and youth center offer this program from 9 a.m. to 3 p.m. March 18. Cost is \$3 per hour per child and parents must register their children by Wednesday. Call the child development center at Ext. 2479 or the youth center at Ext. 2504 for more information.

Parent/teen outdoor adventure camp: The youth center is accepting applications for this program open to families of active-duty Air Force, Air Force reserve, their spouses and dependents, ages 12 to 14. The camp, lodging and meals are free. If selected the participants must pay for their own transportation to the camp. Camp is June 25 to July 2 in Colorado Springs, Colo. The week long program is focused on creating a bonding experience for families through participation in various outdoor and indoor activities. Each person must be able to participate in a high and low ropes course, rock climbing, hiking, horseback riding, white water rafting and more. Deadline for submitting an application is April 5 at the youth center. Call Ext. 2504 for more information.

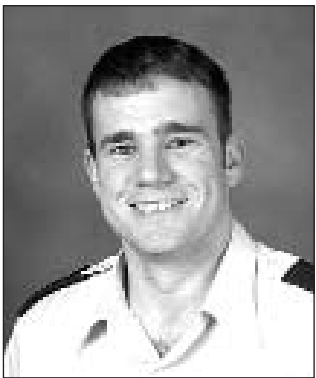
Self-help car wash: There is a self-help car wash located behind the youth center on Ninth Street. Cost is \$1 for five minutes and customers may add a quarter for each additional minute before the time ends for an extended wash. Call Ext. 7842.

Boss and buddy night: The Columbus Club offers an all-ranks boss and buddy night from 4 to 8 p.m. Thursdays in the Landing Lounge. A free taco bar is available for club members and nonmembers pay \$2.95. Wings are 25-cents each for club members and 50-cents for nonmembers from 4 to 7 p.m. Beverage specials are also available. For more information, call Ext. 2490.

Paintball birthday parties: The paintball field can be reserved for birthday celebrations, grudge matches or organizational play. Cost for groups of 10 or more is \$15 per person. Groups with less than 10 people must pay \$20 per person. Cost includes range fee, marker, mask, body armor, carbon dioxide and 200 paintballs. For more information, call Ext. 2507.



Capt. Andrew Burroughs
Aurora, Colo.
RC-135, Offutt AFB, Neb.



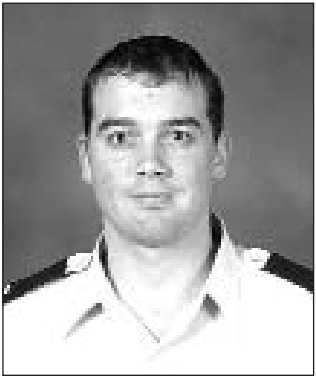
Capt. Christopher Eberth
Chewelah, Wash.
F-16, Luke AFB, Ariz.



1st Lt. Georgi Ivanov
Bulgaria
TBD



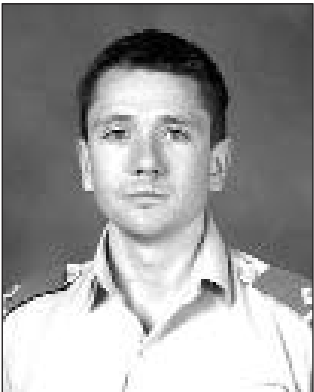
2nd Lt. Christopher Evans
Fairhope, Ala.
B-52, Barksdale AFB, La.



2nd Lt. Jonathan Fetting
Fountain City, Wis. (AFRC)
KC-10, McGuire AFB, N.J.



2nd Lt. Nuno Goulart
Azores, Portugal
TBD



2nd Lt. Codrut Martius
Romania
TBD



2nd Lt. Lisa McCranie
Lincoln, Neb.
C-17, Charleston AFB, S.C.



2nd Lt. Lindsay McWhirter
Colorado Springs, Colo.
C-17, Hickam AFB, Hawaii

SUPT Class 06-06 earns silver wings

Twenty-four officers have prevailed during a year of training, earning the right to be an Air Force pilot. sonic T-37 Tweet. Some complete this phase in the single-engine, turboprop

Specialized Undergraduate Pilot Training Class 06-06 graduates at 10 a.m. today during a ceremony at the Columbus Club.

The graduation speaker is Maj. Gen. Harold Cross, Adjutant General of Mississippi National Guard. He is charged with the responsibility to organize train and equip the more than 13,000 citizen soldiers and airmen of the Mississippi National Guard to perform its federal and state missions in addition to the supervision of an additional 3,000 state and federal employees.

Students receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks are recognized.

Capt. Christopher Eberth, T-38, and 2nd Lt. Jonathan Fetting, T-1, received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award was presented to 2nd Lts. Adam Joyce, T-38, and Sarah Thilo, T-1. The award is presented to a graduate in each flight who excelled in training and typified the tenets of the association — promoting aerospace power and a strong national defense.

Captain Eberth and Lieutenant Fetting were named distinguished graduates.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight.

The second phase, primary training, is conducted in the twin-engine, sub-



sions. Training takes about 26 weeks and includes 185 hours of ground training, 43 hours in the flight simulator and 104 flying hours.

The class reunites on graduation day, when students receive the aeronautical rating of pilot and begin their careers as U.S. Air Force pilots. *(Editor's*

T-6A Texan II at Moody AFB, Ga. Students learn aircraft flight characteristics, emergency procedures, takeoff and landing procedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes about 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 flying hours.

After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38 Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation. Training takes about 26 weeks and includes 381 hours of ground events, 31.6 hours in the flight simulator and 118.7 flying hours.

The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place business jet.

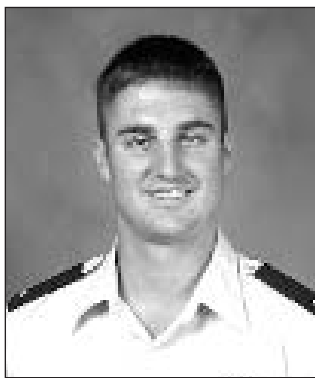
Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop mis-



2nd Lt. Stephen Akins
Fayetteville, N.C. (ANG)
TBD



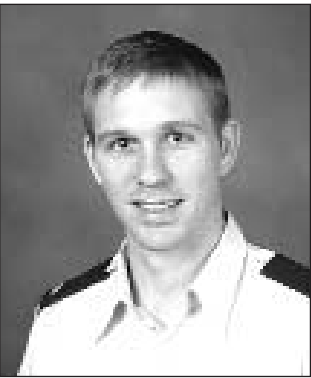
2nd Lt. Manuel Costa
Vila Nova De Famalicao, Portugal
TBD



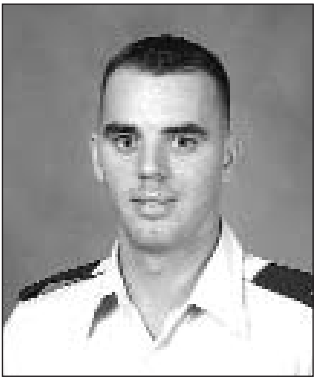
2nd Lt. Michael Dougherty
Doylestown, Penn.
KC-10, McGuire AFB, N.J.



2nd Lt. Adam Joyce
Pittston, Penn.
F-15C, Tyndall AFB, Fla.



2nd Lt. Bryant Langley
Memphis, Tenn. (ANG)
C-5, Memphis ANGB, Tenn.



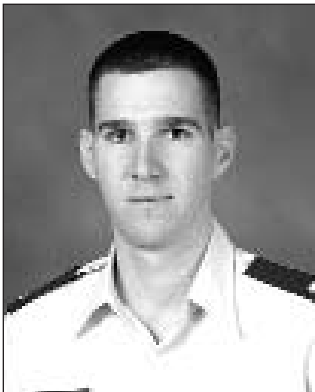
2nd Lt. Kory Lund
Dillion, Mon.
KC-135, Grand Forks AFB, N.D.



2nd Lt. Jefferson Morgan
Smithville, Miss.
E-3, Tinker AFB, Okla.



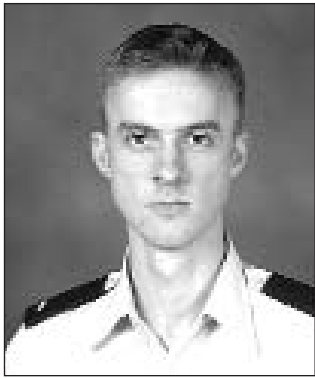
2nd Lt. Atsushi Nitao
Riverside, Calif. (AFRC)
C-17, March ARB, Calif.



2nd Lt. John Rego
Miami, Fla.
KC-135, Fairchild AFB, Wash.



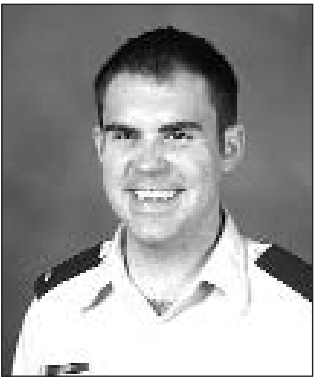
2nd Lt. Erin Shay
Glendale, Ariz.
T-37, Columbus AFB, Miss.



2nd Lt. Arlen Spexarth
Seattle, Wash.
C-17, McGuire AFB, N.J.



2nd Lt. Fernando Tejada Cardenas
Ecuador
TBD



2nd Lt. Jared Temple
Omaha, Neb.
KC-135, Mildenhall AB, UK



2nd Lt. Sarah Thilo
Coeur d'Alene, Idaho
C-21, Andrews AFB, Md.

Base Notes

COSC fashion show

The March Columbus Officers' Spouses' Club Social will be held at 6 p.m. Tuesday at the Columbus Club. The menu includes baked cod and will be served at a cost of \$14. Columbus Club members receive a \$2 discount. New members are welcome. For reservations, please contact Jennifer Wood via email at woodtjjg@cablone.net or call 425-6059.

Dorm Dinner

A dinner for enlisted dorm residents will be held at 5 p.m. Thursday at the base chapel. Chicken, fish and desserts will be served.

Post office promotional

BLAZE TEAM members can win a half or a whole book of stamps with every purchase of a 39 cent book of stamps at the base post office throughout Easter. For details on this promotion, call 2960.

Base exchange giveaway

All authorized base exchange customers can register to win or purchase an Xbox 360 at the base exchange. The drawing will be held at 5:30 p.m. Monday. Contestants must be present in order to win. For more information, or questions, call Joyce Best at Ext. 8484.

Thrift shop

The base thrift shop is open from 3 p.m. to 6 p.m. Tuesday and from 9 a.m. to 1 p.m. Thursdays. Volunteers are needed. Consignments are accepted Thursdays during business hours until one hour before closing. For more information, call Ext. 2954.

Commissary closure

Due to the air show, the commissary will be closed April 9. It will re-open April 10 from 10 a.m. to 6 p.m.

Yard inspections

As a reminder, on random Wednesdays of each month, squadron and group commanders conduct yard inspections. There are at least two inspections every month, so residents are encouraged to have yards in inspection order every Wednesday at 7:30 a.m. The family housing brochure, Columbus AFB Pamphlet 32-6002, includes the inspection standards and is available at the housing office. For more

information, call the office at Ext. 7276.

Garage sales

On-base garage sales are only permitted the first Saturday of every month. Advertisements for sales are limited to yard signs or ads in the base paper only. Signs must be no larger than 2 feet by 2 feet. Displaying signs on utility poles and street signs is prohibited. Advertising yard sales in the local media, excluding the base newspaper, is also prohibited. People may locally advertise individual items for sale, such as automobiles, boats, washers, dryers or refrigerators. Columbus AFB housing areas are located on a federal installation and the civilian public may only enter a military installation on official business, open house functions or social visitations. Yard and car-port sales do not fall within these criteria.

Chapel Schedule

Catholic

Sunday:
9:15 a.m. — Mass
10:30 a.m. — CCD
5 p.m. — Confessions
5:30 p.m. — SUPT Mass
Tuesday:
7 p.m. — RCIA

Protestant

Sunday:
9 a.m. — Adult and children's Sunday School
10:30 a.m. — Contemporary service at the services complex
10:45 a.m. — Traditional worship service at the chapel sanctuary
Monday:
7 p.m. — Bible study fellowship
Wednesday:
11:30 a.m. — Lunchtime study
5 p.m. — Pot luck supper
6 p.m. — Video study
A Case for Kids
Pioneer Clubs
Thursday:
9 a.m. — Ladies Bible Study
For information, call Ext. 2500.

Family Support Center

(Editor's note: *All activities are offered at the family support center unless otherwise specified. For more information about any of the activities listed, call Ext. 2790.)*

Deployment briefings

Pre-deployment briefings are held daily at 9 a.m. Family members are encouraged to

Solo splash



Members of Specialized Undergraduate Pilot Training Class 07-03 dunk 2nd Lt. Karl Kreek after completing his first T-37 solo flight.

attend. For more information, call Ext. 2974 or Ext. 2790.

Government applications

A workshop on federal employment and the Small Business Administration is from 2:50 to 3:45 p.m. Thursday.

Spouse welcome

A welcome reception for spouses new to Columbus AFB is from 10 a.m. to 11 a.m. every Wednesday at the Magnolia Inn Lobby. Spouses will receive gifts and information about the family support center.

Free childcare

The Childcare for PCS program offers up to 20 hours of free childcare per child for active-duty Air Force people arriving at or departing from Columbus AFB. Certificates are available within 60 days of departure or arrival. For more information, call Sharon Nichols at Ext. 2790.

Local employment

A workshop about employment opportunities with local businesses, the 14th Services Division and the government is from 1 p.m. to 2 p.m. every Wednesday. Resumes and other job applications will also be discussed.

TAP workshop

A transition assistance workshop for

personnel who are within one year of retirement or separation from the military is from 7:30 a.m. to 4:30 p.m. Tuesday.

Single Parents Group

Single parents are invited to bring their children to the Services complex at 1 p.m. Saturday for food and activities. For more information, call Ext. 2631.

Veterans' benefits

A seminar with information on veterans' benefits is from 10:30 to 11:30 a.m. Thursday.

Employment assistance

The Mississippi Department of Employment Security will conduct a workshop at 2:15 p.m. Thursday for personnel who are separating, retiring or have recently moved to this area and are seeking employment.

Communication workshop

This class will be held at 11 a.m. March 22 and will examine communication skills using personal perspectives, communication models and body language.

Hearts Apart social

A social gathering for families of personnel deployed or remote for more than 30 days is at 5:30 p.m. March 23. Information, refreshments and prizes will be provided.

Musical audition: The Columbus Community Theater is having musical auditions at 10 a.m. Saturday for "The Pajama Game." Auditions will be held at the Arts Center on the Corner of Fifth Street and Main Street. The musical performance is scheduled for May. Anyone interested in auditioning or for volunteering for other responsibilities, e-mail Bob Seney at bseney@muw.edu or call him at 329-7112.

Noon Tunes: This event will be held at the Trotter Convention Center Courtyard from 11 a.m. to 1 p.m. Thursday with food and entertainment. For more information, call 325-6305.

Winter Jam 2006: This event is at 6 p.m. Thursday at the BancorpSouth Center in Tupelo, Miss., featuring the Newsboys, Toby Mac, NewSong, Zoegirl, Hawk Nelson, speaker David Nasser and a Sphere of Fear motorcycle stunt show. Cost is \$10. For more information, call (662) 841-6528.

Tales from the Crypt: Beginning March 27, costumed guides will lead narrated candlelight tours of historic Friendship Cemetery, site of the first Memorial Day observance in April, 1866. Admission is \$2 per person for

non-students and \$1 per person for students. Tours begin at 7 p.m. and the last tour begins at 9:30 p.m. This event is sponsored by Mississippi School for Mathematics and Science in conjunction with the annual Spring Pilgrimage. For more information, call (800) 327-2686.

Columbus Pilgrimage 10K Run: This race will begin at 8 a.m. April 8 at the Tennessee Williams Welcome Center. Participants will run through Columbus' Historic District while viewing some of the South's antebellum homes. The run will be completed on the new river walk along the Tennessee-Tombigbee Waterway. Awards will be given to first overall, first masters and first grandmasters. Fore more information, Call O.K. Bryant at (662) 327-7688 or e-mail him at TKOKB2@aol.com

Daily historic home tours: The public is invited to drop by or call the Mississippi Welcome Center or Columbus Historic Foundation for schedules of historic homes open for tours. For admission or more information, call (800) 920-3533.

Community Volunteer Center: People in search of volunteer opportunities can contact the Community

Volunteer Center at 327-0807, or visit the office at 501 Seventh St. North, Suite 5, in the Plaza Building.

MOPS: Mothers of Preschoolers meet each month during the school year on the second and fourth Tuesday from 9 a.m. to 11 a.m. for a social and guest speaker. Child care is provided onsite. For more information on the MOPS group, call 327-2010 or e-mail info@hopems.org.

American Indian Artifacts Museum: This museum is located in Columbus and holds Native American artifacts dating back hundreds and thousands of years. Tours are available to individuals or groups by appointment. For more information, call Byron and Alice Weeks at (662) 251-1125.

Exchange Club: The Exchange Club of Columbus meets at noon Thursdays at the Columbus Country Club. The organization is a community service group dedicated to programs and projects that aid in the prevention of child abuse. For more information, e-mail exchange clubof colubusms@yahoo.com.

For more event listings, visit www.columbusms.org, or www.tupelo.net.

BARGAIN LINE

The deadline for submitting ads is noon Monday before the desired publication date. Ads turned in after the deadline will run the following week. Ads can be mailed to or dropped off at the public affairs office in the 14th Flying Training Wing Headquarters building, e-mailed to silverwings@columbus.af.mil or faxed to 434-7008. Calling Ext. 7068 by noon Monday can extend the run date of ads already submitted. Silver Wings reserves the right to limit ads based on content, space and frequency of requests. Advertisements for private businesses or services providing a continuous source of income may not appear in the Bargain Line. They may, however, be purchased through the Commercial Dispatch, 328-2424.

w/third door, 52,000 miles, \$8,500. Call 328-4374.
For sale: 2002 Jeep Liberty Limited Edition, fully loaded, 60,000 miles, \$13,500. Call 434-6051.

Yard Sales

Off base
138 Davis Woods Drive: 7 a.m.-12 p.m. Saturday. Large variety of items.

Miscellaneous

For sale: Stamp collection, albums include U.S. and worldwide stamps, \$200. Call 425-1555.

For sale: Large world stamp collection, albums, stock books, reference catalogues, large envelopes included, \$1,000 OBO. Call 425-1555.

For sale: Variety of antique English Victorian and Edwardian furniture, including 4 dining chairs, sideboards, display cabinets, headboard, footboard, blanket box, men's wardrobe, hall tree and assorted mirrors, different shapes. Call 425-1555.

For sale: Breakfast nook w/2 chairs, \$50; Black futon, metal, \$130. Call 425-1555.

For sale: Samsung 18-inch PC monitor, dual voltage, \$80 OBO; Large Panasonic microwave, black/brown, hi power, \$50; Two kitchen cabinets w/doors, shelves, white/natural color, \$100 for both; Small, round wicker table, \$15; Electric edger, \$20; Cat carriers, \$10 each; Ironing board, \$5; Golf clubs w/brown carrying case; Assorted suitcases/bags. Call 425-1555.

For sale: Large deep forest green leather couch w/pull out bed and recliner, L-shaped, \$1,000. Call 425-1555.

For sale: 35mm Minolta Maxxum 300SI w/blue/black case, \$160; Digital Polaroid PDC 1100 w/case, tri pod, accessories, \$75. Call 425-1555.

For sale: Two Fisher Price battery-oper-

ated 4x4 jeeps, working condition, \$55 each. Call 328-6571.

For sale: Chrome Panther Flood wheels, 17x17.5, 4x100, set of 4 wheels, tires not included, all 16 lug nuts including chrome stem caps, see www.cafbad.com for details, \$300. Call 549-2515.

For sale: Twin bed, rails, dresser w/mir-

ror, night stand, desk and hutch, \$300; Coffee table and 2 glass end tables, \$150. Call (757) 870-3786.

For sale: Shoei RF 800 Motorcycle helmet, extra large, red, white and black; Bieffe motorcycle helmet, medium, black; Triumph Kevlar motorcycle gloves, medium, black. Call 434-8989.

Bargain Line advertisement

The Bargain Line is free for all military members (including guard and reserve members), DOD civilians, military retirees, family members and contract employees.

Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week's issue. Late ads will be held over for the next issue.

Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week's issue. Please do not re-submit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads.

Advertisements for private businesses or services providing a continuous source of income, such as baby-sitting or rental property, may not appear in the Bargain Line. They may, however, be purchased through the Silver Wings publisher, 328-2424. Please fill out this form completely. The Silver Wings staff reserves the right to edit ads as necessary.

Type of advertisement (circle one) Home Transportation Miscellaneous Yard sales Pets

Print advertisement _____

Name _____

Home Telephone # _____ Duty Telephone # _____
(in case we need more information)

Please let us know what you think of the Silver Wings:

Are you happy with the Silver Wings? Yes ☐ No ☐
What would you like to see more of in the newspaper? News ☐ Sports ☐ Photos ☐ Other _____
If you would like to give any other suggestions, please e-mail us at silverwings@columbus.af.mil.

Take the steps toward better nutrition, health

It is never too late to make a change for the better. Make smart choices at every meal and do something each day to be more active. Here are the food groups that provide proper nutrients each day:

GRAINS: At least half or about three of the servings of grains eaten each day should be whole grains? Whole grains include all parts of the grain kernel - the germ, bran and endosperm - not just the white flour that is in most foods today. Oatmeal, brown rice, barley, and 100 percent whole wheat products are a few examples of whole grains.

VEGETABLES: Most people do not eat enough vegetables or enough of the dark green or orange veggies. Anyone who eats one large salad at lunch plus a few vegetables at dinner

and for snacks, is stepping in the right direction!

FRUITS: Think fresh whole fruit and get a variety each day. Start with breakfast and end with dessert. Take a fruit for snacking, too.

MILK: Most people need to drink about three glasses of skim milk each day or get the equivalent with yogurt. Dairy foods that are low in sodium and fat, yet high in calcium are the right choice.

MEAT/BEANS: Most Americans get more than enough protein — they just don't get enough variety or keep it low in saturated fat. Start including beans, fish and nuts a little more, especially if these can be in place of meat.

STEP MORE, SIT LESS: Being more active and less sedentary helps control weight and

My Health Check List

- ___ Cook and eat more meals at home
- ___ Consume fewer sugary foods and drinks
- ___ Eat more salads and vegetables
- ___ Drink 3 cups of skim milk daily
- ___ Eat more fruit, especially whole fruit
- ___ Get a variety of heart healthy protein
- ___ Eat at least 3 ounces of whole grains per day
- ___ Exercise every day for 30-60 minutes

lower the risk for many chronic diseases.

Cleaning the house instead of watching TV burns twice the calories. In addition to being more active, try to get about 30 to 60 minutes

of exercise, like brisk walking, each day.

For more information, visit www.pyramid.gov. *(Courtesy of the 14th Medical Operations Squadron)*

Airman's run



U.S. Air Force photo by Robbin Cresswell

Airman Basic Zachary Zopp, holding the U.S. flag, and Airman Basic Melissa Nash, carrying the Air Force flag, lead the "Airman's Run" Thursday, March 2, 2006, at Lackland Air Force Base, Texas. The two were the week's top athletes in basic military training. Airman Zopp is with the 326th Training Squadron's Flight 214, and Airman Nash is with the squadron's Flight 212.

Sports Shorts

Golf sign-ups

Any BLAZE TEAM member wishing to play intramural golf should sign up at with their squadron sports representative by April 3.

Bowling Special

Bowling will cost 50 cents per game for students Monday at the bowling center. Shoe rental will be free. For more information, call Ext. 2426.

Volksmarch

A volksmarch/ fun run will begin at 7 a.m. March 17 in honor of Women's history month. For more information, call the fitness center at Ext. 2775.

Bowling tournament

A nine-pin no-tap Scotch Doubles bowling tournament will be held at 7 p.m. March 17. Cost is \$20 per two-person team. All teams must register by Monday at the bowling center. Prizes will be awarded for team high total series, and men and women's individual high series. Prize money will be determined by the number of participating teams. Wearing green is highly recommended For more information, call Ext. 2426.